

TAI CHI INTERNAL SKILLS

& FREESTYLE PUSH HANDS USA WORKSHOPS

With Master Liu Ji Fa from Shanghai

In Knoxville TN,
15 min from the
Great Smokey Mountain
National Park

Weekend Workshops

6 hours per day - limited to 40 participants each so register early

1st Weekend - Sept 20 & 21

Push Hands Basics including Rooting skills, Dan Tien work, Breath Work, Softly dissipating an opponents force, Intro to Freestyle Push Hands, Intro to Ma "No Style" Push Hands.

2nd Weekend - Sept 27 & 28

Short Review & expansion of 1st weekend workshop, Freestyle Push Hands Concepts, Principles and Applications, "Yi" Intention Training and practice, "Qi" Energetics in Push Hands. How to use and apply the same energy for Fa Kung (Directing Chi) Healing.

Instructor's Only Day Camp Sept 22,23, 25 & 26

Minimum of 4.5 hours per day - **Limited to 12 total participants.**

There will be lots of Personal Attention and In Depth Explanation - Students will gain real ability at the workshops!

Register Early! Space is extremely limited

- Freestyle Push Hands
- Qi Energetics
- Yi Mind Intent Training
- How to Use Push Hands Energetics for Healing

- Magnetic Chi Energy as demonstrated by Master Liu Ji Fa on video at pushhands.clearstaichi.com

Contact: Richard Clear • rclear@clearstaichi.com • www.clearstaichi.com • (865) 379-9997

Group Dinner, Presentation and Questions - Wed Sept 24th 7:30 – 9:30

Dates, Times and Pricing

Workshop 1	Instructor Camp
Sat & Sun Sept 20 th & 21 st	Includes both Weekend Workshops and Mon, Tues, Thu, and Fri Sept 22 nd , 23 rd , 25 th and 26 th
Workshop 2	11:00-1:00 & 2:30-4:30 4:30 – 5-Q&A
Sat & Sun Sept 27 th & 28 th	4.5 Hours per day – 42 hours total training time
10:00-1:00 & 2:30-5:30	\$1295 – Limited to 12 participants
6 hours per Day	Due to the limited availability we recommend you register early!
\$249 per Workshop	

Clear's Tai Chi
113 E Broadway
Maryville, TN 37804



**As featured in
TAI CHI Magazine
October 2007**